## Spotlight Session Ornery Teenagers: How to Compassionately and Effectively Manage Their Problem Behaviors with Ryan Dowd

This training will teach you the neurological and evolutionary reasons that teenagers behave the way they do.

Focus: General

Does your library sometimes struggle with problem behavior from teens? Do you want to reduce the conflict with them? This training will teach you the neurological and evolutionary reasons that teenagers behave the way they do. More importantly, it will show you practical tools for using this knowledge to help teens follow the rules with less conflict and drama.

## At the end of this session attendees will...

- understand how the brain develops in adolescence and how that influences behavior.

- walk away with a three stage process for preventing conflict, managing conflict and stopping it from recurring.

- learn how the concept of "bidirectional respect" is the key to managing teenage behavior.

Speaker(s):



Back to Spring Institute 2021 Archives