

Adult Sensory Story Time

A Day at the Beach

- ◇ Welcome—name tags, visual schedule
- ◇ Hello Song—We Clap and Sing Hello (displayed on screen)
- ◇ Chair Yoga—Chair Cat-Cow Stretch, Crescent Moon Pose, Forward Bend, Chair relaxation pose
- ◇ Book—**The Three Little Fish and the Big Bad Shark** by Ken Geist—Clothesline Prop Story
- ◇ Songs—Waves in the Sea (Wheels on the Bus tune)
- ◇ Nonfiction Book—**Hello Fish Visiting the Coral Reef** by Sylvia A. Earle
- ◇ Shaker Song—Surfin’ Safari by the Beach Boys
- ◇ Bubbles—Surfing USA by the Beach Boys
- ◇ Craft—Colored Sand Star Bottles

Who Let the Dogs Out

- * Welcome—name tags, visual schedule
- * Hello Song—We Clap and Sing Hello (displayed on screen)
- * Chair Yoga—Chair Cat-Cow Stretch, Crescent Moon Pose, Forward Bend, Chair relaxation pose
- * Song—Six Little Dogs That I Once Knew
- * Book—**Ragweed’s Farm Dog Handbook** by Anne Kennedy
- * Shaker Song—You Ain’t Nothing But a Hound Dog by Elvis Presley
- * Nonfiction Book—**Farm Dogs**
- * Song—I Had a Little Doggie
- * Bubble Song—Who Let the Dogs Out? by Baha Men (video)
- * Activity—Visit and pictures with Therapy Dogs