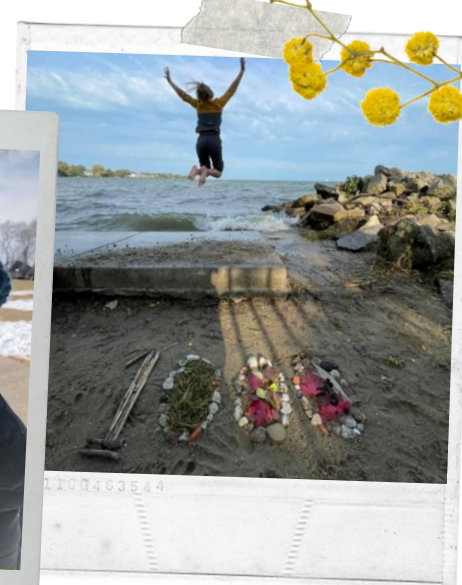


1,000 HOURS

Sample Programs

ALL YEAR LONG!



JANUARY

- Howl at the Wolf Moon!
- Sketch winter trees
- Have a kickoff celebration with hot cocoa!

FEBRUARY

- Great Backyard Bird Count
- Winter seed sowing
- Seek bird nests in bare trees & listen for bird sounds

MARCH

- Craft kit: recycled paper kite
- First day of spring scavenger hunt
- Puddle splashing!
- Learn about rainbows

APRIL

- Citizen Science Month
- Make bioswales for Earth Day
- Flower stamping
- Flower sketching
- Trace shadows

MAY

- Craft kit: bean seed sprouting
- Learn about bees and pollinators
- Sidewalk chalk hopscotch
- Bug hunt!

JUNE

- Intl. Mud Day: make mud faces
- Giant outdoor games
- Make suncatchers
- Summer evening walks

JULY

- National Moth Week
- Craft kit: paper bag nature baskets
- Insect observation

AUGUST

- Monarch butterfly release, observe caterpillars
- Fun with Bubbles!
- Dye fabric with natural items

SEPTEMBER

- Welcome Fall walk
- Outdoor Yoga
- Make Leaf and Bark rubbings
- Fairy house fun

OCTOBER

- Craft kit: spider web weaving
- Nighttime Animals walk
- Create nature mandalas

NOVEMBER

- Gratitude walk
- Make leaf crowns
- Paint with nature brushes (pine needles & sticks)

DECEMBER

- Craft kit: tin can or tissue paper lanterns
- Nature ornaments
- Carol singing
- 1,000 Hours End of Year Celebration!



Tips for Success

Simplify

You don't have to reinvent the wheel. Use the resources on the 1,000 Hours website and your own knowledge of your patrons to find simple, low-cost programs.

Hot Cocoa & Popsicles

Snacks will get them OUT the door. Learning and having fun outdoors will keep them coming back!

Even if you fail, you win.

In the end, it's not about hitting 1,000 Hours. It's about building a connection with your community and your natural world. You get the benefits, no matter what!

Move programs you're already doing outdoors!

Storytimes, yoga, even book clubs can all be moved outside

Use what's available to you

Have access to a field or a nearby park? Meet there!

Raid your youth librarian's leftover supplies for nature craft kits!

Comb through your community partnerships for programming ideas. Do you know a local instructor, yoga teacher, senior community, science center?

1000 HOURS OUTSIDE™ FOR THOSE WITH HARSH WINTERS



JANUARY: AVG 1 HOUR A DAY, -31 HOURS
FEBRUARY: AVG 1 HOUR A DAY, -28 HOURS
MARCH: AVG 2 HOURS A DAY, -62 HOURS
APRIL: AVG 3 HOURS A DAY, -90 HOURS
MAY: AVG 4 HOURS A DAY, -124 HOURS
JUNE: AVG 5 HOURS A DAY, -150 HOURS
JULY: AVG 5 HOURS A DAY, -155 HOURS
AUGUST: AVG 4 HOURS A DAY, -124 HOURS
SEPTEMBER: AVG 3 HOURS A DAY, -90 HOURS
OCTOBER: AVG 2 HOURS A DAY, -62 HOURS
NOVEMBER: AVG 2 HOURS A DAY, -60 HOURS
DECEMBER: AVG 1 HOUR DAY, -31 HOURS

TOTAL = 1007 HOURS OUTSIDE

