



A place to belong.

[Inclusion Expectation]

HQ will provide an environment that is welcoming and safe to all members of the community (youth, volunteers, board, staff and community partners) by embracing differences in race, color, nationality, religion/culture, gender identity, gender expression, immigration status*, sex, marital status, sexual orientation, socioeconomic status, military status, and ability. Comments or behaviors that are humiliating, isolating or otherwise create an unsafe environment for others will not be tolerated.

[Types of Unsafe & Unstable Housing]

Couch surfing

Friends

Institutions

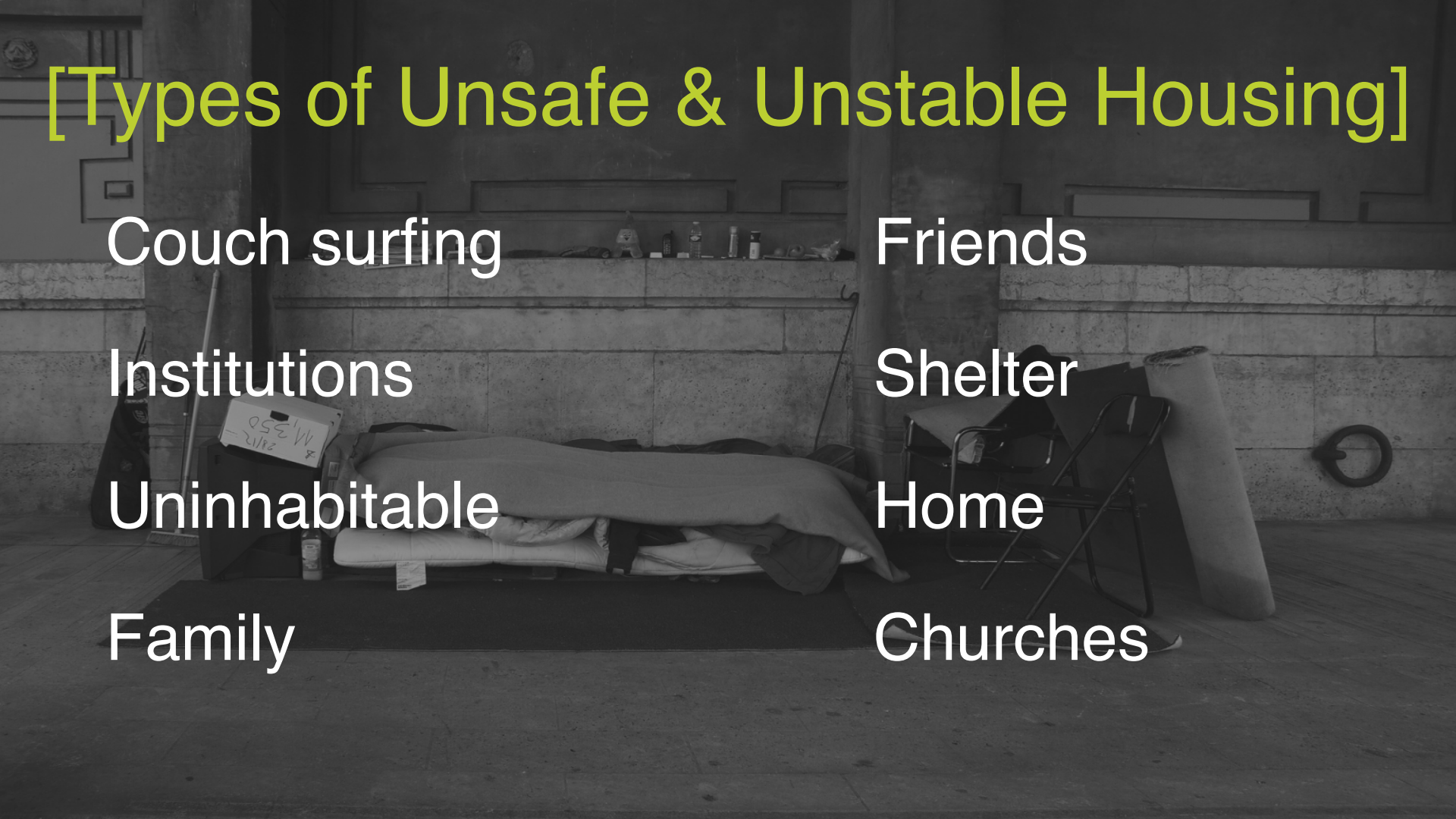
Shelter

Uninhabitable

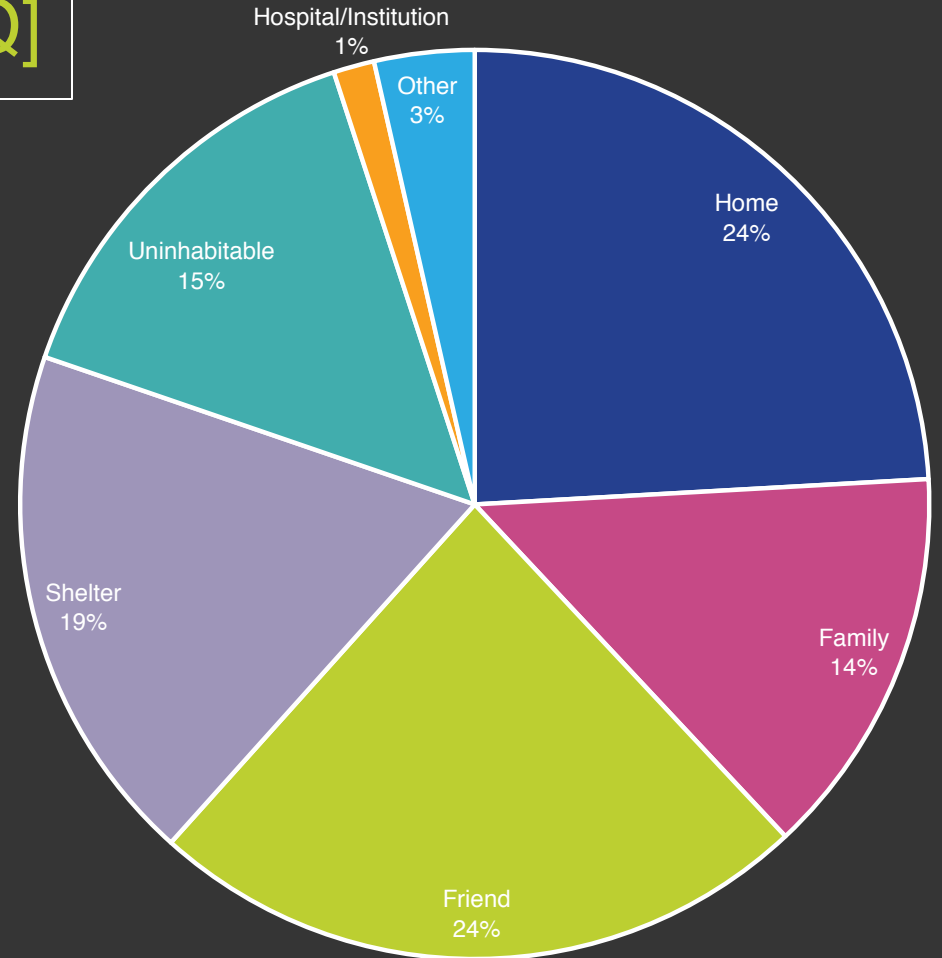
Home

Family

Churches



[Housing Breakdown at HQ]



[Causes of Youth Homelessness]

Family Instability

Physical, Sexual, & Emotional Abuse

Sexual Orientation/Gender Identity

Mental/Behavioral Health Issues

Substance Use

Family Violence

Poverty

Foster Care

Racial Discrimination



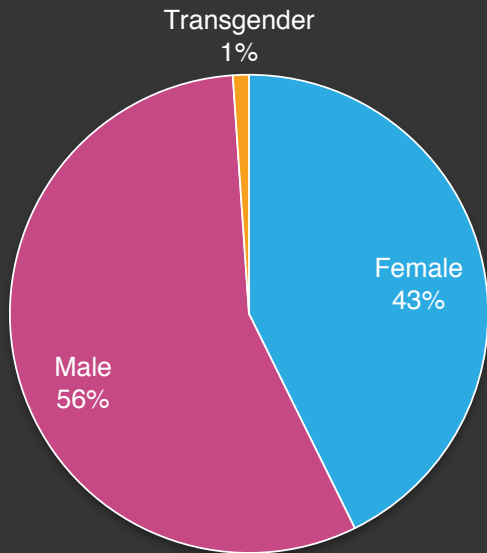
[Racial Demographics at HQ versus Grand Rapids]

Homelessness disproportionately impacts youth of color

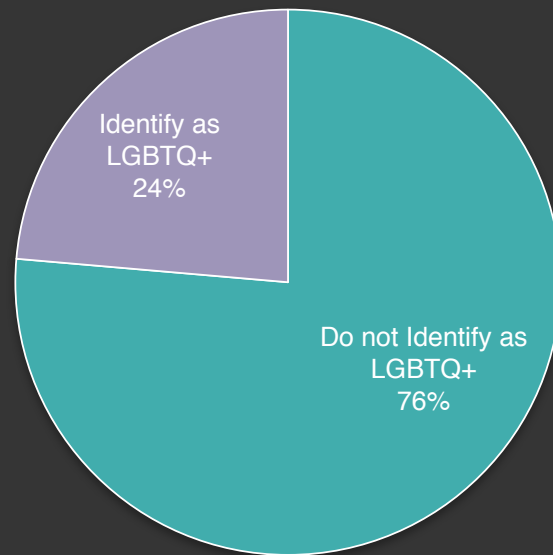
Race/Ethnicity	HQ	Grand Rapids
Black	43%	20%
White	29%	59%
Hispanic/Latino	10%	15%
Asian	.4%	2%
Biracial	16%	4%
Native American	-	.7%

[Demographics]

Youth Who Identify as LGBTQ+ at First Visit

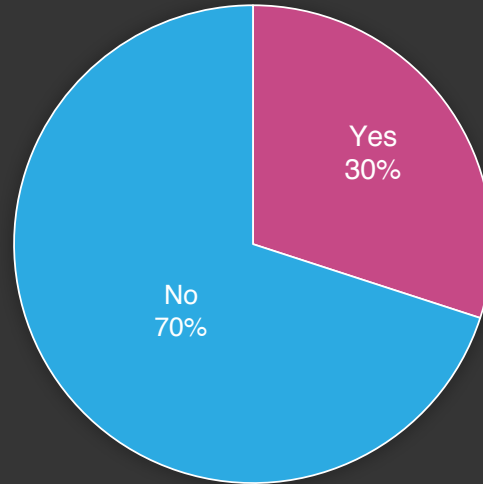


Gender Breakdown



[Demographics]

HQ members who report spending time in foster care



[What Are the Risk Factors?]

Dropping Out

Substance Use

Sexual Exploitation/Assault

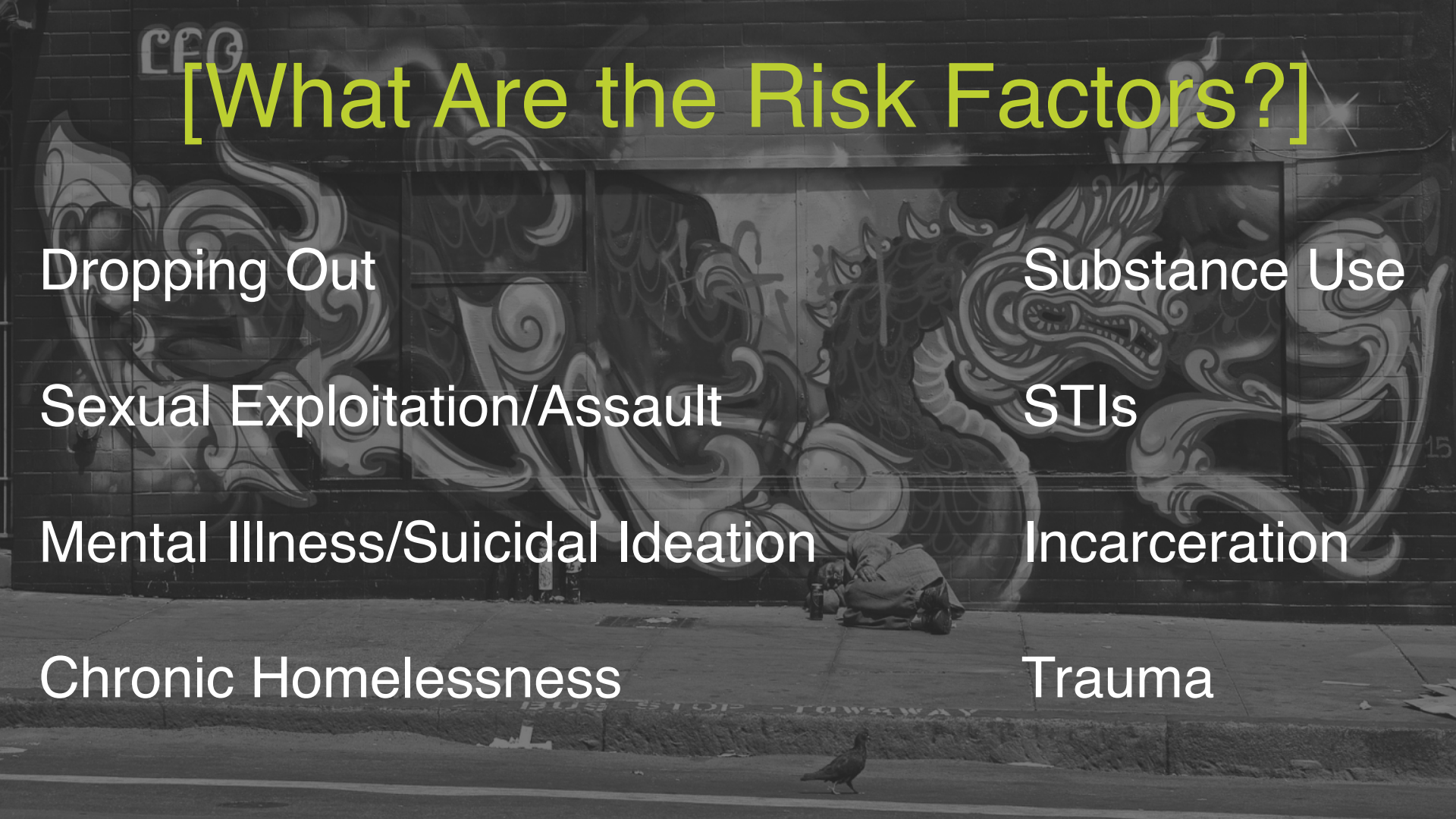
STIs

Mental Illness/Suicidal Ideation

Incarceration

Chronic Homelessness

Trauma



[Harm Reduction]

It's about meeting people where they are at, not where we want them to be.

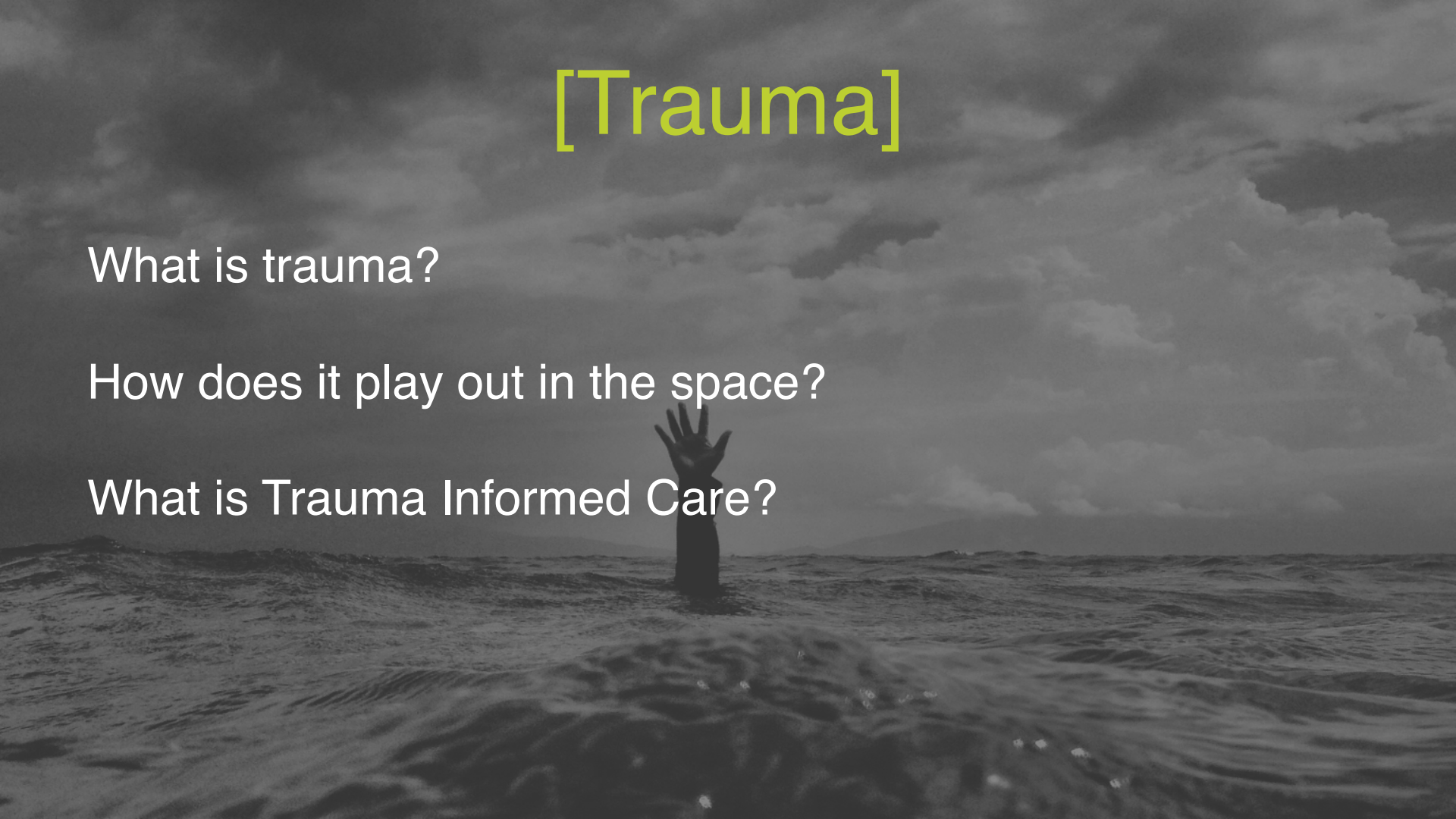


[Trauma]

What is trauma?

How does it play out in the space?

What is Trauma Informed Care?



[Emergency Housing for Youth and Young Adults]

- The Bridge [[Arbor Circle](#)]
 - Emergency Shelter for youth who are 10 through 17 years old
 - Available for youth staying in Kent, Ottawa, Montcalm, and Ionia counties
- Y.E.S. [[Mel Trotter Ministries](#)]
 - Emergency Shelter for male identified youth who are 18 through 24 years old
- Open Door Women's Center [[Dégagé Ministries](#)]
 - Emergency Shelter for female identified individuals 18 years or older
- Street Outreach [[Arbor Circle](#)]
 - Provides services for homeless or runaway youth who are 16 to 20
 - Available youth staying in Kent, Ottawa, Montcalm, or Ionia counties

[Food Resources]

- God's Kitchen [303 Division Ave S, Grand Rapids, MI 49503]
 - Hot lunch is available 7 days per week at 12:00 pm
- Mel Trotter Ministries [225 Commerce Ave SW, Grand Rapids, MI 49503]
 - Dinner is served from 5:15 to 6:00 pm 7 days per week
- Dégagé Ministries [144 Division Ave S, Grand Rapids, MI 49503]
 - Breakfast is served from 8:30 to 10:00 am 7 days per week
 - Dinner is served from 6:00 to 7:00 pm 7 days per week
- NE Supper House [St. Alphonsus School Cafeteria]
 - Dinner is served on Tuesdays and Thursdays from 5:00 to 6:30 pm
- St. Mark's Episcopal Church [134 Division Ave N, Grand Rapids, MI 49503]
 - Breakfast is available on Sundays from 8:15 to 9:15 am

[Mental and Physical Health Care Resources]

- Healthy Michigan Plan or Medicaid Enrollment Locations
 - Kent County DHHS (616) 248-1000
 - Cherry Health (616) 965-8200
- Mental Health and Substance Abuse Services and Screening
 - Network180 (616) 336-3909
- Therapy and Case Management
 - Cherry Health (616) 965-8200
 - Arbor Circle (616) 451-3001
 - Pine Rest StreetReach (616) 258-7543
- Primary Care Services
 - Spectrum Health Adolescent Medicine Clinic (616) 391-2123
 - Mercy Health Heartside Health Center (616) 685-3800
 - Cherry Health (616) 965-8200

[De-escalation Techniques*]

Avoid being judgmental & practice empathy

Focus on the underlying needs

Notice Personal Space Boundaries

Set Boundaries

Avoid threatening non-verbals

Provide Accommodations

Don't overreact

Be comfortable with silence

Offer Support and Compassion

Make space for decision making

**CPI Nonviolent Crisis
Intervention® program*

[Things to Remember]

Youth are the experts in their own lives

Each youth will have a different motivation level

Youth in crisis may want empathy versus a resource

Youth are resilient and have coping skills

Each youth will have different resource needs