

Henna with Anshu Varma



Henna plays an important role in maintaining cultural and traditional identity in India. This tradition is associated especially with wedding ceremonies where putting henna on the bride's palms and feet represents "dressing" the bride.

It is, however, appropriate to be decorated with henna at all festive events. Being dressed in henna sets the celebratory mood of the community. Unlike a traditional tattoo in which ink is inserted into the skin, henna makes rust colored stain that stays on top of the skin and fades gradually.

Today, Anshu is a master of the art. Now living in Lansing, she continues to teach the art of henna at public libraries statewide. She was a recipient of a Michigan Traditional Arts Apprenticeship award in 2002 and 2003. She is regular participant at the Great Lakes Folk Festival where she "dresses" visitors with henna.

Teen Program

During this interactive teen program, participants will learn to use a henna applicator and develop traditional and new age designs of their choice. Creativity is encouraged and individual attention is provided to encourage teens to learn to practice this safe and fun activity. They will also learn about India - like how to wear a saree.

Program Cost is \$400.00 (plus mileage)

Program cost includes henna supplies for 30 participants

Duration of program will be 60 minutes

Book a program today!

Call Anshu for availability at 517.775.7220

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